

Pickleball

Pickleball, a sport combining elements of tennis, badminton, and ping-pong, has a few key rules: the ball must bounce once on each side before volleying, serves must be underhand, and no volleying is allowed in the "kitchen" (non-volley zone).

Here's a more detailed breakdown of the rules:

Serving:

- **Underhand Serve:** The serve must be underhand, with the paddle contacting the ball below the server's waist.
- **Baseline:** The server must stand behind the baseline when serving.
- **Diagonal Serve:** The serve must be made diagonally across the court to the opposite service box.
- **No Volley in the Kitchen:** The server cannot volley (hit the ball out of the air) while standing in the non-volley zone (the "kitchen").
- **One Bounce on Each Side:** The ball must bounce once on each side of the net before players can volley.
- **Calling the Score:** The server must call out the score before serving.

Scoring:

- **Points Only on Serve:** Only the serving team can score points.
- **Game to 11 (with a 2-point lead):** Games are usually played to 11 points, and a team must win by a margin of two points.
- **Alternating Serves:** After a point is scored, the server moves to the opposite side of the court and serves from there.

Other Key Rules:

- **Double Bounce Rule:** The ball must bounce once on each side of the net before players can volley.
- **Non-Volley Zone (Kitchen):** The area near the net where volleying is prohibited.
- **Ball in Bounds:** The ball must land within the boundaries of the court.
- **Hand as Extension of Paddle:** The hand is considered an extension of the paddle, and the ball hitting any other part of the body or clothing results in a fault.

